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Cheryl Ext. #5

Flexible Sigmoidoscopy Prep

Prep:

- Nothing to eat or drink after midnight, the day before procedure
- The morning of your procedure, take 2 regular fleets enemas, about 30 min apart. Do this about 1 hour before leaving your house to go to hospital (or procedure location).

Medications:

- If you take blood pressure, heart, or breathing medication, take it with only a sip of water the morning of your procedure.
- If you are a diabetic, wait until after the procedure to take your insulin shot or diabetic medication.

Do NOT take any Aspirin, Ibuprofen, Coumadin, Plavix, or any other type of blood thinner for 5 days before your procedure unless otherwise noted by your doctor.

Procedure date: _____ Arrival Time: _____

Location: _____

*****Please call our office if you need to reschedule or if you have any questions*****

Phone: 205-933-1199

St. Vincent's Hospital
St. Vincent's GI Endoscopy Center
810 St. Vincent's Drive
Birmingham, AL 35205

Princeton Main Hospital
701 Princeton Ave. SW
Birmingham, AL 35211
Main Entrance of Hospital

St. Vincents East building #46
50 Medical Park Dr. E
Birmingham, AL 35235

Birmingham Surgery Center
2621 19th Street South
Homewood, AL 35209