



Stoma Skin Care

Steps & Products to use when your skin is raw and itchy

- 1. Shower without your bag. Wash the area with regular Head & Shoulders Shampoo.**
- 2. Apply Desenex in place of stoma powder**
- 3. Dab area with Calamine Lotion using a cotton ball. Let this totally dry. If you have an accident clean area lightly and reapply Desenex and Calamine lotion.**
- 4. Using skin barrier wipes pat the entire area over where your bag will be placed.**
- 5. Apply bag**

Special Note: When your skin isn't raw & itchy, shave the area. Those small hairs can cause leaks. Also, use a banana shaped adhesive strip on the bottom part of the bag. Coloplast makes a good one.